the spa
THE CHATTANOOGAN

MASSAGES

COUPLES' MASSAGES AVAILABLE BY REQUEST

Flowing River Massage — 50 minutes — $110

Just as the river gently flows, our gifted therapists will incorporate soothing, gentle strokes to relax the body and mind.

The Chattanoogan Signature Massage — 50 minutes — $120 — 80 minutes — $160

A therapeutic and unique experience to restore your mind, body and spirit while experiencing a harmonizing massage with light to medium pressure balances to your body.

Deep Tissue Massage — 50 minutes — $145 — 80 minutes — $175

Slow, deep therapeutic movements to relieve tight, sore muscles. Allow our therapists to assist in pain relief to alleviate stress and tension.

Rock City Hot Stone Massage — 50 minutes — $145 — 80 minutes — $175

Heated stones are gently placed on key points of your body while skilled hands perform a soothing massage. This technique helps alleviate muscle tension, improve circulation, and promote overall well-being.

Prenatal Massage — 50 minutes — $110

A gentle side-lying massage to help relieve the ache and pains commonly associated with pregnancy.
Available during the second and third trimester.

BODY TREATMENTS

The Chattanoogan Body Glow — 50 minutes — $140

This revitalizing exfoliation treatment uses a blend of natural exfoliants to gently remove dead skin cells, revealing a smoother, more radiant complexion. Followed by a nourishing moisturizer massaged into your skin, you will feel refreshed, rejuvenated, and beautifully soft.

Aroma Fusion Sugar Scrub Experience — 50 minutes — $155

A highly customized experience for each guest choosing their aroma experience from 3 aromatic concentrates, each representing a distinctive scent and beauty goal.

CUSTOMIZE YOUR SPA PACKAGE

Choose 2 or more 50 - 80 minute services per guest and receive 15% off your custom package + one of the following enhancements complimentary

- $15 Warm Oil Scalp Treatment
- $15 Youthful Eye Treatment
- $15 Hydrating Heel Foot Treatment
- $15 Hot Stones

YON KA PARIS

FACIALS

Hydrafacial

50 minutes $190
80 minutes $230

This invigorating service exfoliates and extracts impurities while bathing the skin with cleansing, hydrating and moisturizing serums. Treatment is soothing, non-irritating and immediately effective.

Hydrafacial Perks Lip $45 Eye $45

Le Grand Classique Facial

50 minutes $165
80 minutes $195

Iconic and one of the most elaborate and complete treatment experiences from Yon-Ka Paris. Designed to repair and renew total skin health, featuring 5 exclusive steps to deeply detoxify the skin. The Le Grand Classique leaves you with a deep clean, perfectly balanced, and radiant complexion.

Hydralessence Facial

50 minutes $160

An ultra-hydrating, refreshing facial treatment to control the effects of extreme moisture loss, a pre-cursor to advanced aging. Featuring a botanical gel scrub, relaxing face and neck massage, and a freshly prepared mask that will restore the skin's dewiness and radiance.

Vitamin C25 Facial

50 minutes $160

This innovative treatment combines the exfoliating and brightening properties of a 30% glycolic acid peel with the antioxidant power of 25% vitamin C. In just one session, your skin is deeply revitalized, smoothed and brightened, to reveal a radiant, even complexion.

Time Resist Facial

50 minutes $160

A time defying, wrinkle filling facial that re-densifies and reduces the signs of fatigue. Receive a professional strength peel plus targeted techniques and re-mineralizing mask to reduce wrinkling. Recommended for mature skin, once a week for 4 weeks, then monthly for maintenance.

IMAGE Skincare O2 Lift

50 minutes $140

A breath of fresh skin. A revolutionary 5-step treatment designed to exfoliate, illuminate and oxygenate the skin.

FACIAL UPGRADES

LED Red Light Therapy $25

Microdermabrasion Addition $45 (Only available with select services)